

Spring Career Fair and Career Closet

The 2017 Ohio State Spring Career Fair will be held Tuesday, **February 21, from 10 a.m. to 3 p.m.** in the Archie Griffin Grand Ballroom and The Performance Hall of the Ohio Union. The event is open to all current Ohio State students and recent graduates. The fair provides an opportunity for students to network with employers and learn about internship and career opportunities. For additional information visit <http://asccareerservices.osu.edu/springcareerfair>.



Brutus with Students at a Career Fair

In preparation for the event, the Office of Student Life is hosting a Career Closet event for all Ohio State students who are in need of professional attire. Students who may not have the budget to purchase an outfit for an upcoming interview or career fair are especially encouraged to attend. The Career Closet event will be held on the lower level of the Ohio Union on **February 13, from 10 a.m. to 6 p.m.** To donate professional clothing or for more information contact Aisha Echols at echols.45@osu.edu.

Please encourage your students to contact Student Life Career Counseling and Support Services, 614-688-3898, if they have any questions regarding Career Fair prep. We can help them get their resume ready, discuss job fair tips and practice for upcoming interviews.

How to Boost Your (Career) Confidence

Confidence in the workplace begins with confidence in yourself. Check out these tips to help your students stay confident in the workplace.

- **Fake it 'til you make it:** Dress for the job you want. If you don't feel confident, dressing confident can be a great start to feeling better on the outside, which may translate to feeling better on the inside. Wear that lucky dress or hide those patterned socks under your work pants—be comfortable with yourself!
- **Assess your comfort in your job:** Is this the job for you? If not, make a list of things you can do to change it. Whether it's taking on a new project to allow more professional stimulation, or practicing a relaxing morning routine, make sure to take care of yourself.
- **Ask others what you're good at:** Sometimes it's difficult to look within ourselves at our strengths. Ask someone you trust what your strengths are, and maybe you'll start to believe them. Or, take the VIA Strengths Assessment at: <http://www.viacharacter.org>

For more on boosting confidence:

http://www.huffingtonpost.com/toby-nwazor/8-secret-tips-to-help-you_b_10372892.html

<https://www.themuse.com/advice/boost-your-confidence-to-boost-your-career>



Thermometer measuring confidence

New Informational Interview

Student Life Career Counseling and Support Services continues its' series of informational interviews. Our Bucks Go Pro Intern Tae Young Kim had the opportunity to sit down with Steve Caravati. Steve is a 2005 graduate of Ohio State in Childhood Psychology and former student athlete for the Ohio State baseball team. He is currently the Director of Consumer Products with Worthington Cylinders. Check it out at:

<http://ccss.osu.edu/undergraduates/explore-careers/learn-from-alumni/>



Steve Caravati

Tips to Prepare Students for Internships



"Interns Wanted" sign

Many students at The Ohio State University are in the process of looking for Spring and Summer internships. Here are some helpful tips to share with your students:

- Reach out to the Career Services offices around campus to assist with crafting and reviewing resumes and cover letters, preparing for interviews and developing skills to finding internship success.
- Utilize Buckeye Careers Network's job and internship portals to research available positions.
- Attend career and internship fairs to gather information about prospective opportunities as well as to create and strengthen a professional network.
- Collect the contact information of internship providers in order to initiate informational interviews to learn more about organizations and opportunities.

Students can also interact with Buckeye OnPACE, a series of online self-guided career modules that helps students learn more about themselves, choose majors or careers, applying to grad school and preparing for the future. Please share this resource with your students as well.

OnPACE: "Understanding Diversity in the Workplace"



Brutus hugging students

One of the main challenges that diverse student populations face relates to identity questions and the decision to disclose this information during their job or graduate school program search. Additionally, many diverse students have questions about how to identify employers who will be sensitive to their needs and who will respond to them with cultural competency.

The reality is that not every employer may understand the opportunities that diverse populations can bring to the workplace or graduate program/professional school. It's important that your students become aware of their opportunities, know their legal rights and are ready to educate their employers on what they can bring to them as an employee/student with diverse and cultural offerings!

The Buckeye Career OnPACE module "Understanding Diversity in the Workplace" is designed to assist students with:

- Reflecting on reasons for disclosing or not disclosing their diverse identity
- Marketing their strengths using strategies specifically designed for diverse populations
- Recognizing diversity—consciousness (or lack of) in the workplace and understanding how to react to it

Encourage your students to visit <http://onpace.osu.edu/> to complete this free module on their own time or integrate it into one of your classes to assist students' reflection on these important identity development components during their higher education experience.

You can also refer students to Student Life Career Counseling and Support Services to discuss any of their concerns in a private session.

Thank you for taking time to find out what is happening with Student Life Career Counseling and Support Services. If you would like to unsubscribe from the email list please use the following link ccssnews-unsubscribe@lists.studentaffairs.ohio-state.edu. To subscribe please use this link ccssnews-subscribe@lists.studentaffairs.ohio-state.edu. Please feel free to forward to anyone who might be interested in our services.